

Mesilla Valley Christian School Athletics

Requirement Checklist for Athletes 2025-2026

To participate in sports, each player must complete the following:

Current, completed NMAA Mandatory Physical Packet

- **No other physical form will be accepted**
- The FULL package of the Approved Physical Form can be found under the Athletic tab of the MVCS Website. *Couldn't find - ZHP*

The packet includes the following which **must** be completed:

- Emergency Information (including proof of insurance)
- Medical History
- Medical Examination
- Medical Eligibility
- Consent to Treat
- Concussion Awareness

In addition, you must complete Mandatory NFHS Learn Website Courses (nfhslearn.com) and submit proof of completion (PRINTED certificate of completion).

- You will need to set up two separate accounts: one for the student athlete and one for the parent.
- Please make sure you log into the appropriate account when completing the courses
- Scroll down to "View All Courses" to locate needed courses

Each student must complete the Concussion for Students course each school year.

A Parent must complete two courses each school year:

- Positive Parenting course found within School Programs
- Concussion course found within Sports

Please note that there are 10 checkboxes. Each box represents a form that must be submitted to Coach Pollard in a SINGLE packet.